

DAVID A. SBARRA

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PSYCHOLOGY DEPARTMENT
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EMPLOYMENT

- 2010- Associate Professor, Department of Psychology Clinical Area, University of Arizona. Tucson, Arizona
- 2004- Assistant Professor, Department of Psychology Clinical Area, University of Arizona. Tucson, Arizona
- 2010- Assistant Professor, Department of Psychology Clinical Area, University of Arizona. Tucson, Arizona
- 2009- Director of Clinical Training (DCT), Department of Psychology, University of Arizona
- 2007- Interim Director of Clinical Training (DCT), Department of Psychology, University of Arizona (July 1, 2007 – June 30, 2008)
- 2009- Affiliated Faculty, Division of Family Studies and Human Development
- 2011- Affiliated Faculty, Evelyn F. McKnight Brain Institute, University of Arizona

LICENSURE

Licensed Clinical Psychologist, Arizona Board of Psychology Examiners (AZ license #: 3864; Status: Active beginning March, 2007)

EDUCATION

- 2004 Ph.D., Clinical Psychology. University of Virginia, Graduate School of Arts and Sciences
- 2004 Predoctoral Clinical Internship, University of Wisconsin, Department of Psychiatry, Madison, WI
- 1997 MEd., Clinical Psychology. University of Virginia, Curry School of Education
- 1996 B.S., Human Development and Family Studies with Honors and Distinction
Cornell University, College of Human Ecology

HONORS AND AWARDS

University of Arizona Honors College 2012 Outstanding Professor; Selected Member, 2011-2012 University of Arizona Academic Leadership Institute; Named as a “Rising Star” by the Association for Psychological Science in 2011; 2009 Arizona Psychological Association Distinguished Contribution to the Science of Psychology Award; 2007 STINT Foundation Travel Grant; 2005 American Psychological Foundation (APF) Raymond A. and Rosalee G. Weiss Innovative Research and Programs Grant (for research on chronic pain, close relationships, and emotional well-being); Selected Scholar, Positive Psychology Summer Institute (2003); 9th Annual Wisconsin Symposium on Emotion Travel Award (2003); Graduate School of Arts and Sciences Dissertation Year Fellowship, University of Virginia (2002-2003); Steve Duck New Scholar Award, International Association of Relationship Research (2002); Distinguished Teaching Fellowship, University of Virginia Department of Psychology (2000-2001); Seed Grant Research Fellowship, Center for Children, Families, and the Law (2000-2001); Doris Bryant Family Violence Fellowship, Center for Children, Families, and the Law (1999); Epilepsy Foundation of America, Behavioral Sciences Student Fellowship (1998-1999); National Science Foundation REU Fellowship in Social Psychology (1995-1996); Cornell University Alumni Travel Award (1996); Associated Universities Incorporated Trustee Scholarship (1992-1996)

GRANTS

Active:

Role: Co-I (PI: Butler). NIH Exploratory/Developmental Grant (R21), National Heart, Lung, and Blood Institute, HL#109746-D1A1: *Relationships, Emotion, and Eating: A Dynamic Systems Investigation of Weight Gain*. May, 2012-April, 2014

Role: PI. NIH Exploratory/Developmental Grant (R21), National Institute of Aging, AG#036895: *Genetic Moderators of Divorce Adjustment*. September, 2011-August, 2013

Role: Co-I (PI: Bootzin). NIH OppNet (R01), National Institute of Child Health & Human Development, HD#069498: *Sleep and Divorce: Identifying Bidirectional Vulnerability and Resilience*. September, 2011-August, 2015

Role: PI. National Science Foundation, Division of Behavioral and Cognitive Sciences (BCS), #0919525: *Romantic Breakups in Young Adulthood: Biopsychosocial Mechanisms of Recovery*. October, 2009 – September, 2011

Role: Co-I. (PI: Shoham.) NIH Research Education Grant (R25), National Institute of Drug Abuse, # DA026635-01: *Case Simulation Methods for Teaching Empirically-Validated Behavioral Treatments*. October, 2008- September, 2013

Role: Co-PI. (PI: Borelli) American Psychoanalytic Association: *Predictors of Risk and Resilience in Couples Experiencing Military Deployment*. October, 2009 – September, 2013

Completed:

Role: Sponsor. NIH National Research Service Award for Predoctoral Fellows (F31), National Institute of Child Health and Human Development, awarded to Lauren A. Lee, MA, #HD059396: *The Social Context of Social Loss*. May, 2010- April, 2012.

Role: PI. NIH Small Grant (R03), National Institute of Mental Health, MH#074637: *Divorce, Depression, and Biobehavioral Dysregulation*. July, 2006- June, 2009

Role: PI. NIH Exploratory/Developmental Grant (R21), National Institute of Aging, AG#028454:
Divorce in Mid-life: Mechanisms of Biopsychosocial Adaptation Over Time. April, 2007 - March, 2011

Role: Sponsor. NIH National Research Service Award for Postdoctoral Fellows (F32), National Institute of Aging, awarded to Jessie Borelli, Ph.D., AG#032310F32: *Meaning Making in the Context of Divorce: Links with Emotion Regulation*. July, 2008- June, 2009

Role: PI. National Research Service Award (F31), National Institute of Mental Health, MH#12783-02: *Affective Processing Following Relationship Dissolution*. July, 2000- June, 2003

RESEARCH INTERESTS

Close relationships and health
Mental health problems following social disruptions
Divorce and adult adjustment, including divorce-related grief
Autonomic psychophysiology and psychoneuroimmunology
Adult attachment and coregulation
Social neuroscience and multilevel theory
Quantitative methodology, especially intraindividual variation and the analysis of change

PUBLICATIONS

Edited Special Issues

Coan, J.A., & Sbarra, D.A. (invited, in preparation). Co-edited Special Issue of *The International Journal of Psychophysiology*, The Psychophysiology of Relationships.

Peer Reviewed Papers

Sbarra, D.A., Boals, A., Mason, A.E., Larson, G.M., Mehl, M.R. (in press). Expressive writing can impede emotional recovery following marital separation. *Clinical Psychological Science*.

Sbarra, D.A., Hasselmo, K., & Nojopranoto, W. (in press). Divorce and death: A case study for health psychology. *Social and Personality Psychology Compass*.

Butler, E.A., & Sbarra, D.A. (in press). Health, emotions, and relationships. *Journal of Social and Personal Relationships*.

- Sbarra, D.A., Borelli, J.L. (in press). Heart rate variability moderates the association between attachment avoidance and self-concept reorganization following marital separation. *International Journal of Psychophysiology*, doi: 10.1016/j.ijpsycho.2012.04.004
- Mason, A. E., Sbarra, D. A., Bryan, A. E. B., & Lee, L. A. (2012). Staying connected when coming apart: The psychological correlates of contact and sex with an ex-partner. *Journal of Social and Clinical Psychology, 31*, 488-507. doi: 10.1521/jscp.2012.31.5.488
- McAssey, M.P., Helm, J., Hsieh, F., Sbarra, D.A., & Ferrer, E. (in press). Methodological advances for detecting physiological synchrony during dyadic interactions. *Methodology*.
- Whisman, M.A., & Sbarra, David A. (2012). Marital adjustment and Interleukin-6 (IL-6). *Journal of Family Psychology, 26*, 290-295, doi: 10.1037/a0026902.
- Borelli, J.L, David, D.H., Rifkin-Graboi, A., Sbarra, D.A, Mehl, M.R., Mayes, L.C. (2012). Language use in the Adult Attachment Interview: Evidence for attachment-specific emotion regulation. *Personal Relationships*, doi: 10.1111/j.1475-6811.2012.01394.x
- Sbarra, D.A., Smith, H.L., & Mehl, M.R. (2012). When leaving your ex, love yourself: Observational ratings of self-compassion predict the course of emotional recovery following marital separation. *Psychological Science*. Online First Publication, January 26, 2012. doi: 10.1177/0956797611429466
- Helm, J.L, Sbarra, D.A., & Ferrer, E. (2011). Assessing cross-partner associations in physiological responses via coupled oscillator models. *Emotion*. Online First Publication, September 12, 2011. doi: 10.1037/a0025036
- Sbarra, David A., Law, R.W., & Portley, R.M. (2011). Divorce and death: A meta-analysis and research agenda for clinical, social, and health psychology. *Perspectives on Psychological Science, 6*, 454-474.
- Mason, A.E., Law, R.W., Bryan, A.E.B, Portley, R.M., & Sbarra, D.A. (2011). Facing a breakup: Electromyographic responses moderate self-concept recovery following a romantic separation. *Personal Relationships*. Online First Publication, August 1, 2011. doi: 10.1111/j.1475-6811.2011.01378.x
- Lee, L.A., Sbarra, D.A., Mason, A. E., & Law, R.W. (2011). Attachment anxiety, verbal immediacy, and blood pressure: Results from a laboratory analogue study following marital separation. *Personal Relationships, 18*, 285–301. doi: 10.1111/j.1475-6811.2011.01360.x
- Borelli, J.L., & Sbarra, D.A. (2011). Trauma history and linguistic self-focus moderate the course of psychological adjustment to divorce. *Journal of Social and Clinical Psychology, 7*, 667-698.

- Borelli, J.L., Sbarra, D.A., Crowley, M. J., & Mayes, L.C. (2011). Mood symptoms and emotional responsiveness to threat in school-aged children. *Journal of Clinical Child and Adolescent Psychology, 40*, 220-232.
- Borelli, J.L., Sbarra, D.A., Mehl, M., David, D.H. (2011). Experiential connectedness in children's attachment interviews: An examination of natural word use. *Personal Relationships, 18*, 341-351, doi: 10.1111/j.1475-6811.2010.01294
- Mason, A.E., Sbarra, D.A., Mehl, M. R. (2010). Thin-slicing divorce: Thirty seconds of information predict changes in psychological adjustment over ninety days. *Psychological Science, 21*, 1420-1422. doi: 10.1177/0956797610381507
- Borelli, J.L., Crowley, M.J., David, D.H., Sbarra, D.A., Anderson, G.M., & Mayes, L.M. (2010). Attachment and emotion in school-aged children. *Emotion, 10*, 475-485.
- Shahar, B., Britton, W. B., Sbarra, D. A., Figueredo, A. J., & Bootzin, R. R. (2010). Mechanisms of change in mindfulness-based cognitive therapy for depression: Preliminary evidence from a randomized controlled trial. *International Journal of Cognitive Therapy, 3*, 402-418.
- Hasler, B.P., Allen, J.J.B., Sbarra, D.A. Bootzin, R.R., & Bernert, R.A. (2010). Morningness-eveningness and depression: Preliminary evidence for a BAS-Not-BIS model. *Psychiatry Research, 176*, 166-173.
- Law, R.W., & Sbarra, D.A. (2009). The effects of church attendance and marital status on the longitudinal trajectories of depressed mood among older adults. *Journal of Aging and Health, 21*, 803-823.
- Sbarra, D.A. (2009). Marriage protects men from clinically meaningful elevations in C-reactive protein: Results from the National Social Life, Health, and Aging Project. *Psychosomatic Medicine, 71*, 828-835.
- Sbarra, D.A., Law, R.W., Lee, L.A., & Mason, A.E. (2009). Marital dissolution and blood pressure reactivity: Evidence for the specificity of emotional intrusion-hyperarousal and task-rated emotional difficulty. *Psychosomatic Medicine, 71*, 532-540.
- Sbarra, D.A., & Allen, J.J.B. (2009) Decomposing depression: On the prospective and reciprocal dynamics of sleep and mood disturbances. *Journal of Abnormal Psychology, 118*, 171-182.
- Sbarra, D.A., & Nietert, P.J. (2009). Divorce and death: Forty years of the Charleston Heart Study. *Psychological Science, 20*, 107-113.
- Beck, C.J.A., Putterman, M.D., Sbarra, D.A., & Mehl, M.R. (2008). Parenting coordinator roles, program goals and services provided: Insights from the Pima County, Arizona Program. *Journal of Child Custody, 5*, 122-139.

- Sbarra, D.A., & Hazan, C. (2008). Co-regulation, dysregulation, self-regulation: An integrative analysis and empirical agenda for understanding adult attachment, separation, loss, and recovery. *Personality and Social Psychology Review*, 12, 141-167.
- Sbarra, D.A., & Emery, R.E. (2008). Deeper into divorce: Using actor-partner analyses to explore systemic differences in coparenting following mediation and litigation of custody disputes. *Journal of Family Psychology*, 22, 144-152.
- Sbarra, D. A., & Ferrer, E. (2006). The structure and process of emotional experience following nonmarital relationship dissolution: Dynamic factor analyses of love, anger, and sadness, *Emotion*, 6, 224-238.
- Sbarra, D.A. (2006). Predicting the onset of emotional recovery following nonmarital relationship dissolution: Survival analyses of sadness and anger. *Personality and Social Psychology Bulletin*, 32, 298-312.
- Sbarra, D.A., & Emery, R.E. (2005). The emotional sequelae of non-marital relationship dissolution: Analysis of change and intraindividual variation over time. *Personal Relationships*, 12, 213-232.
- Sbarra, D.A., & Emery, R.E. (2005). Co-parenting conflict, nonacceptance, and depression among divorced adults: Results from a 12-year follow-up study of child custody mediation using multiple imputation. *American Journal of Orthopsychiatry*, 75, 22-37.
- Emery, R.E., Sbarra, D.A., & Grover, T. (2005). Divorce mediation: Research and reflections. *Family and Conciliation Courts Review*, 43, 22-37.
 -- Reprinted in *International Journal of Family Law* (2005).
 -- Reprinted in *Mediation in Practice* (2005).
- Sbarra, D.A., Rimm-Kaufman, S.E., & Pianta, R.P. (2002). The behavioral and emotional correlates of epilepsy in adolescence: A seven year follow-up study. *Epilepsy & Behavior*, 3, 358-367.
- Sbarra, D.A. & Pianta, R. P. (2001). Teacher ratings of behavior among African-American and Caucasian children across the first two years of school. *Psychology in the Schools*, 38, 229-238.
- Emery, R.E., Laumann-Billings, L. Waldron, M., Sbarra, D.A. & Dillon, P. (2001). Child custody mediation and litigation: Custody, contact, and co-parenting 12 years after initial dispute resolution. *Journal of Consulting and Clinical Psychology*, 69, 323-332.
- Wilson, M.N., Sbarra, D.A., Carter, T.M., & Tencer, H.T. (2000). Reconciliation, justice, and domestic violence: Commentary on L.W. Sherman (2000). *The Virginia Journal of Social Policy and the Law*, 8, 291-300.

Chapters

- Sbarra, D.A., Nojopranoto, W., & Hasselmo, K. (invited, in preparation). Divorce and health outcomes: From Social epidemiology to social psychophysiology. Chapter to appear in C.R. Agnew and S.C. South (Eds.), *Interpersonal Relationships and Health*. New York: Oxford University Press
- Loving, T.W., & Sbarra, D.A. (invited, in preparation). Relationships and health. Chapter to appear in J. Simpson and J. Dovidio (Eds.) *APA Handbook of Personality and Social Psychology, Volume 2: Interpersonal Relationships and Group Processes*. Washington, DC: APA Press.
- Lee, L. A., & Sbarra, D.A. (in press). Divorce and relationships dissolution: Causes, context and consequences. Chapter to appear in C. Hazan & M.I. Campa, *Human Bonding* (Eds.). New York: Oxford University Press.
- Sbarra, D.A., & Beck, C.J.A. (in press). Divorce: Causes and consequences. Chapter to appear in J.A. Simpson & L. Campbell (Eds.), *The Oxford Handbook of Close Relationships*. New York: Oxford University Press
- Mason, A.E., & Sbarra, D.A. (in press). Romantic separation, loss, and health: A review of moderators. Chapter to appear in M. Newman & N. Roberts (Eds.), *The Handbook of Health and Social Relationships*. Washington, DC: American Psychological Association.
- Sbarra, D.A., & Mason, A.E. (in press) The dark side of divorce. Chapter to appear in N.A. DeWall (Ed.), *The Oxford Handbook of Social Exclusion*. New York: Oxford University Press.
- Sbarra, D. A., & Whisman, M.A. (in press). Marital and relational discord. Chapter to appear in L.G. Castonguay & T.C. Oltmanns (Eds.), *Psychopathology: Bridging the gap between basic empirical findings and clinical practice*.
- Sbarra, D.A. (2012) Marital dissolution and physical health outcomes: A review of mechanisms. In L. Campbell, J. La Guardia, J. Olson, & M. Zanna (Eds.), *The science of the couple: The Ontario Symposium* (Vol. 12, pp. 205-227.) Florence, KY: Psychology Press.
- Lee, L. A., and Sbarra, D. A. (2010) Multilevel Modeling. In N. Salkind (Ed.), *Encyclopedia of Research Design* (1st ed.) (Vol. 2, pp. 837-844). Thousand Oaks, CA: Sage.
- Emery, R.E., & Sbarra, D.A (2011). Methodological issues in divorce mediation research. In B. Rosenfeld and S. Penrod (Eds.), *Research Methods in Forensic Psychology* (pp. 452-468). New York: Wiley Publications.

Sbarra, D.A., Law, R.W. (2009). Dissolution of Relationships, Coping and Aftermath. Entry in H. Reis and S. Sprecher (Eds.), *Encyclopedia of Human Relationships, Volume 1* (pp. 440-445). Thousand Oaks, CA: Sage Publications.

Sbarra, D.A., & Emery, R.E. (2006). In the presence of grief: The role of emotion in contemporary divorce mediation. M.A. Fine & J.H. Harvey, *Handbook of divorce and dissolution of romantic relationships* (pp. 553-573). Mahwah, NJ: Erlbaum.

Emery, R.E., & Sbarra, D.A. (2002). What couples therapists need to know about divorce. A. Gurman & N. Jacobson (Eds.), *Handbook of Couple Therapy* (3rd Edition, pp. 502-532). New York: Guilford Press.

SCIENTIFIC PRESENTATIONS

Sbarra, D.A. (May, 2012). Divorce and health: From social epidemiology to social psychophysiology. Invited paper presented at the 3rd Purdue Symposium on Psychological Science. West Lafayette, Indiana.

Sbarra, D.A. (November, 2011). Attachment anxiety and verbal immediacy predict blood pressure responses following marital separation. Symposium paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Sbarra, D.A., Law, R.W, Mason, A.E., & Lee, L.A. (July, 2010). Attachment avoidance impairs cognitive control following marital separation. Symposium paper presented at the biennial meeting of the International Association of Relationship Research, Herzliya, Israel.

Sbarra, D.A., Lee, L.A., Mason, A.E., & Law, R.W. (July, 2010). Hyperactivation in action: Attachment anxiety, language, and physiological reactivity following romantic separations. Symposium paper presented at the biennial meeting of the International Association of Relationship Research, Herzliya, Israel.

Sbarra, D. A. (January, 2010). The unintended and surprisingly negative effects of expressive writing following divorce. Invited talk, 2010 Emotion Pre-conference, Society for Personality and Social Psychology Research. Las Vegas, Nevada.

Sbarra, D.A. (September, 2009). Love, loss, and recovery: The empirical study of 29,985 divorces. An optional but probably required colloquium presentation in order to get tenure at the University of Arizona. Tucson, Arizona.

Sbarra, D. A., Butler, E.A., & Randall, A.K. (October, 2009). Within-person variability in RSA is associated with between-person differences in emotional functioning: Evidence from the study of marital separations. Symposium paper presented at the annual meeting of the Society for Psychophysiological Research, Berlin, Germany

Sbarra, D.A. (August, 2009). The mechanisms linking social disruptions and health outcomes; What do we know? Invited talk at the 12th Ontario Symposium: The Science of the Couple. London, Ontario.

Sbarra, D.A. (May, 2009). Relationship disruptions and health: From social epidemiology to social psychophysiology. Invited paper presented at the National Institute of Aging/Institute for Social and Personality Research workshop, "Advancing Integrative Psychological Research on Adaptive and Healthy Aging." Berkeley, California.

Sbarra, D.A. (April, 2009). Interpersonal Psychotherapy for the treatment of Major Depression.

- Continuing education presentation to the Psychology Internship Program, Southern Arizona Veteran's Administration, Tucson, Arizona.
- Sbarra, D.A. (March, 2009). Social relationships and health: Research overview and clinical applications. Grand Rounds, Department of Psychiatry, University of Arizona Medical Center, Tucson, Arizona.
- Sbarra, D.A., Ferrer, E., Steele, J. (February, 2009). Traveling in the Red Zone: New approaches to studying dyadic emotion regulation. Symposium paper presented at the annual meeting of the Society for Personality and Social Psychology, Tampa, Florida.
- Law, R. W., & Sbarra, D. A. (July, 2008). It's all about me: Attachment, language use, and cardiovascular reactivity following romantic relationship dissolution. Symposium paper presented at the biennial conference of the International Association for Relationship Research, Providence, Rhode Island.
- Mason, A.E., & Sbarra, D.A. (2008, June). Natural language use and biological reactivity following social disruptions: Implications for psychotherapy. Symposium paper presented the annual meeting of the Society for Psychotherapy Research, Barcelona, Spain.
- Sbarra, D.A., Law, R.W., & Lee, L.A. (February, 2008). Regulatory effort: Understanding emotional experience and health outcomes in the face of divorce. Symposium paper presented at the annual meeting of the Society for Personality and Social Psychology, Albuquerque, New Mexico
- Sbarra, D.A., Ferrer, E., & Hazan, C. (October, 2007). Co-regulation: The psychophysiology of normative attachment. Symposium paper presented at the annual meeting of the Society for Psychophysiological Research, Savannah, Georgia
- Sbarra, D.A. (October, 2007). Understanding divorce adjustment: Interpersonal dynamics have intrapersonal consequences. Pamela Turbeville Lecture, Invited colloquium, University of Arizona Department of Family Studies and Human Development. Tucson, Arizona.
- Sbarra, D.A. (October, 2006). Understanding marital dissolution: A biopsychosocial model. Invited workshop presented at the annual meeting of the Arizona Psychological Association, Tucson, Arizona.
- Sbarra, D.A. (October, 2006). Symposium Co-chair (with James Coan). The autonomic correlates of social disruptions: The case of divorce. Symposium paper to be presented at the annual meeting of the Society for Psychophysiological Research, Vancouver, Canada.
- Sbarra, D.A. (July, 2006). Emotional amplification and persistence following non-marital relationship dissolution: Applications of Dynamic Factor Analyses. Symposium paper presented at the biennial meeting of the International Association of Relationship Research, Rythemno, Greece.
- Sbarra, D.A., Law, R.W. (July, 2006). Becoming unattached: Psychological and physiological correlates. Symposium paper presented at the biennial meeting of the International Association of Relationship Research, Rythemno, Greece.
- Sbarra, D.A. (January, 2006). Symposium Chair. Predicting the onset of sadness and anger recovery following non-marital relationship dissolution. Paper presented at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, California.
- Sbarra, D.A., (January, 2006). Social transitions: Relationships, work, and community. Invited workshop presented at the Arizona Senior Academy, Tucson, Arizona.
- Sbarra, D.A. (November, 2005). What does it mean to be resolved about social loss?: Lessons

- from the Study of Marital Dissolution. Paper presented to the Southern Arizona Psychological Association (SAPA), Tucson, Arizona.
- Sbarra, D.A. (September, 2005). The autonomic correlates of marital dissolution: What does it mean to be resolved about social loss? Poster presented at the Society for Psychophysiological Research annual meeting, Lisbon, Portugal.
- Sbarra, D.A. (March, 2005). The relationship context of chronic pain. Invited Lecture, Arizona Pain Institute. Tucson, Arizona.
- Sbarra, D.A. (January, 2005). Divorce mediation research: Past, present, and future. Invited closing plenary session (co-joint with C.A. Beck) paper presented at the annual meeting of the Arizona Chapter of the American Family and Conciliation Courts. Sedona, Arizona.
- Sbarra, D.A., Ferrer, E., & Hazan, C. (October, 2004). Changes in heart rate as a function of couple attachment status: Evidence from a laboratory gazing task. Poster presented at the Society for Psychophysiological Research annual meeting, Santa Fe, NM.
- Sbarra, D.A. (September, 2004). On the social neuroscience of making and breaking pair bonds. Invited colloquium, University of Arizona Department of Family Studies and Human Development. Tucson, Arizona.
- Sbarra, D.A. (July, 2004). Affective processing following romantic relationship dissolution: Changes in love, sadness, anger, and autonomy over time. Symposium paper presented at the 12th International Conference on Personal Relationships. Madison, Wisconsin.
- Sbarra, D.A. (July, 2004). The vexing problem of selection vs. causation for understanding the mechanisms of social connectedness and health. Symposium paper presented at the 12th International Conference on Personal Relationships. Madison, Wisconsin.
- Sbarra, D.A. (February, 2004). Relationship dissolution, emotions, and the analysis of change. Invited colloquium, University of Arizona Department of Psychology. Tucson, Arizona.
- Sbarra, D.A. (February, 2004). Divorce mediation and “new” statistics for dealing with incomplete data. Paper presented at Madison-area Society for Psychotherapy Research. Madison: Wisconsin
- Sbarra, D.A. (August, 2003). Toward a model of normative adult attachment: Provocations from psychophysiology. Paper presented at 2003 Positive Psychology Summer Institute. Montchanin, Delaware.
- Sbarra, D. A., & Robles, T.R. (August, 2003). Social connectedness and health: Underlying mechanisms. Workshop presented at 2003 Positive Psychology Summer Institute. Montchanin, Delaware.
- Sbarra, D.A. (July, 2002). Dysregulation and the affective experience of dissolving a love relationship. Symposium paper presented at the 11th International Conference on Personal Relationships. Halifax, Nova Scotia, Canada.
- Sbarra, D.A., & Pianta, R.C. (July, 2002). Mothers’ resolution of child’s diagnosis: Links with parenting/caregiving representations. Paper presented at the 11th International Conference on Personal Relationships. Halifax, Nova Scotia, Canada.
- Sbarra, D.A. (April, 2002). Child custody mediation: Past, present, and future. Invited paper presented at the 2002 Virginia Mediation Network Spring Conference. Richmond, Virginia.
- Sbarra, D.A., & Ferrer-Caja, E. (June, 2001). Affective processing following romantic relationship dissolution. Paper presented at the annual meeting of the American Psychological Society. Toronto, Canada.

- Sbarra, D.A. (March, 2001). Becoming unattached: Theoretical and empirical considerations of romantic relationship loss. Paper presented at the annual conference for the Southeastern Psychological Association. Atlanta, Georgia.
- Sbarra, D.A. (October, 2000). Creating physician-patient partnerships in the treatment of prescription opioid addiction: The case for stage-matched interventions. Presentation at University of Virginia Medical Center Grand Rounds. Charlottesville, Virginia.
- Sbarra, D.A. (April, 2000). Responsibility and accountability in clinical work: Philosophical issues and practical dilemmas. University of Virginia, Department of Psychology Clinical Area colloquia. Charlottesville, Virginia.
- Sbarra, D.A. (April, 1999). The long-term and concurrent impact of interparental conflict on adolescent psychological adjustment. Poster presented at the Biennial Conference of the Society for Research in Child Development. Albuquerque, New Mexico.
- Sbarra, D.A. (September, 1998). Family systems perspectives on childhood epilepsy: A glance into adolescence. Paper presented at the 8th annual Virginia Beach Conference of Child and Adolescent Behavioral and Emotional Disorders. Virginia Beach, Virginia.
- Sbarra, D.A., Rimm-Kaufman, S.E., & Pianta, R.P. (February, 1998). Psychosocial adjustment of adolescents with epilepsy: A six-year follow-up study. Poster presented at the 7th Biennial Conference of the Society for Research on Adolescence. San Diego, California.
- Sbarra, D.A. (August, 1996). Uncommitted sexual behavior among college students. Poster presented at the 8th International Conference on Personal Relationships. Banff, Alberta, Canada.

COURSES PREPARED

Health Psychology (383), Undergraduate Lecture (Arizona, Spring 2006, 2010, 2011, 2012);
 Abnormal Psychology (381), Undergraduate Lecture (Arizona, Fall, 2004, 2006, 2008);
 Psychosocial Intervention Practicum (694b), Graduate Seminar (Arizona, Fall, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011); Lifespan Developmental Psychopathology (406), Undergraduate Seminar (Virginia, Fall, 2000, Spring, 2001)

SERVICE

National

Associate Editor Positions

Perspectives on Psychological Science (2012-present)

Editorial Board Positions

Perspectives on Psychological Science (2012-2012)

Personal Relationships (2012-present)

Professional Organization Service

Academy for Psychological Clinical Science. Elected, Executive Committee Member-at-Large (2012-2015)

Program Chair, 2009 Society for Psychophysiological Research Annual Meeting (2007-2009)

Program Planning Committee, 2008 Society for Psychophysiological Research Annual

Meeting (2007-2011)

Program Planning Committee, 2008 International Association for Relationship Research
Annual Meeting (2007-2009)

Program Planning Committee, American Psychosomatic Society (2011-present)

Ad-hoc Journal Reviewing (ongoing):

Perspectives on Psychological Science, Personal Relationships, Psychological Assessment, Personality and Social Psychology Bulletin, Journal of Personal and Social Relationships, Behavioural Research and Therapy, Journal of Family Psychology, Journal of Personality and Social Psychology, Psychotherapy Research, Psychosomatic Medicine, Psychological Science, etc...Do people really list all the journals they review for?

Grant Review Panels:

NIH Special Emphasis Review Panel Member: Longitudinal Studies in Aging Research, July 2012

NIH Special Emphasis Review Panel Member: Datasets in Aging. May, 2012

NIH Social Psychology, Personality, and Interpersonal Process Study Section, Ad-hoc study section member (June, 2008 Meeting)

Local (Department and University)

University of Arizona, Department of Psychology: Member, Faculty Executive Advisory Committee (FEAC, 2005-2007)

Arizona, Department of Psychology, Co-Chair, Colloquium Committee (2005-2007)

Arizona, Department of Psychology, Chair, Clinical Workshop Committee (2006-present)

Arizona, College of Social and Behavioral Sciences Advisory Board (2006- present)

Arizona, Department of Psychology, Interim Director of Clinical Training (2007-2008)

Chair, Clinical Psychology Assistant Professor Search Committee (2010-2011), Department of Psychology, University of Arizona

SPECIALIZED TRAINING

American Psychological Association Advanced Training Institute: Meta-Analysis

University of California Riverside, June, 2004

Psychoneuroimmunology and Psychobiology of Affiliation: Independent Study

Division of Psychobiology, University of Virginia, Sept., 2001 – June, 2002.

Longitudinal Research Institute: Quantitative Methods for the Analysis of Change

Jefferson Psychometric Laboratory, University of Virginia, June, 2002

State of Virginia Infant and Family Early Intervention Training Project

Curry School of Education, University of Virginia, Sept. 1996 – Dec. 1997

10th International Workshop on Twin and Family Genetic Methodologies

Institute for Behavior Genetics, University of Colorado, February, 1998

PROFESSIONAL AFFILIATIONS

American Psychological Association, SSCP (Div 12, Sect 3)

American Psychosomatic Society (APS)

Association for Psychological Science (APS)
International Association of Relationship Research (IARR)
Society for Research in Psychophysiology (SPR)
Society for Social and Personality Psychology (SPSP)

CLINICAL INTERESTS

Empirically supported treatments/behavior therapy
Interpersonal psychotherapy
Divorce mediation
Interventions for couples and families
Behavioral medicine, especially family factors in chronic illness management